

Totally Natural Multi-Vitamin Pro-Biotic (from superfoods)		
NUTRITION FACTS		
Serving size 10g		
Flavours: Plain/Unflavoured		
	AMOUNT per serving	AMOUNT per 100g
Energy:		
kcal	3	30
Protein:	0.3 g	3 g
Total Fat:	0.05 g	0.5 g
Saturated Fat:	0.01 g	0.1 g
Total Carbohydrates:		5 g
Sugars:	0.1 g	1 g
Dietary Fiber:	0.2 g	2 g
Sodium:	5 mg	50 mg
Potassium:	10 mg	100 mg
Calcium	20 mg	20 mg
Chloride	30 mg	30 mg
Chromium:	0.5 mcg	5 mcg
Copper:	0.02 mg	0.2 mg
Iodine:	1 mcg	10 mcg
Iron:	0.1 mg	1 mg
Magnesium:	1 mg	10 mg
Manganese:	0 mg	0 mg
Molybdenum:	0.5 mcg	5 mcg
Phosphorus:	3 mg	30 mg
Selenium:	0.5 mcg	5 mcg
Zinc:	0.05 mg	0.5 mg
TOTAL AMINO ACIDS (g):		
Alanine	0.015 g	0.15 g
Arginine	0.012 g	0.12 g
Aspartic Acid	0.018 g	0.18 g
Cysteine	0.005 g	0.05 g
Glutamine	0.01 g	0.10 g
Glutamic Acid	0.012 g	0.12 g
Glycine	0.008 g	0.08 g
Histidine	0.005 g	0.05 g
Isoleucine	0.001 g	0.01 g
Leucine	0.015 g	0.15 g
Lysine	0.012 g	0.12 g
Methionine	0.007 g	0.07 g
Ornithine	0.003 g	0.03 g
Phenylalanine	0.001 g	0.01 g

Proline	0.008 g	0.08 g
Serine	0.009 g	0.09 g
Taurine	0.002 g	0.02 g
Threonine	0.008 g	0.08 g
Tyrosine	0.005 g	0.05 g
Tryptophan	0.003 g	0.03 g
Valine	0.001 g	0.01 g
Carnitine	0.5 mg	5 mg
Choline	2 mg	20 mg
Creatine	0.1 mg	1 mg
Inosine	0.05 mg	0.5 mg
Gamma-Oryzanol	0.2 mg	2 mg
Ubiquinones (mg)	0.05 mg	0.5 mg
Vitamin A (IU)	50	500
Vitamin B1	0.02 mg	0.2 mg
Vitamin B2	0.02 mg	0.2 mg
Vitamin B3	0.2 mg	2 mg
Vitamin B5	0.1 mg	1 mg
Vitamin B6	0.02 mg	0.2 mg
Vitamin B12	0.2 mcg	1 mcg
Vitamin C	5 mg	50 mg
Vitamin D3 (IU)	4	40
Vitamin E	0.3 mg	3 mg
Biotin (mcg)	1 mcg	10 mcg
Folic Acid (mcg)	4 mcg	40 mcg
Pantothenic Acid	0.1 mg	1 mg